

## EMR-/ASCA-certified methods

As of 1 January 2025, we will no longer be accepting new therapists for the treatment methods listed below.

EMR method number	ASCA method number	Method name
3		Acupressure
6	272	Acupuncture massage/therapy
7		Alexander technique
13		Respiratory therapy
20		Autogenic training
23	541	Nutritional advice/therapy Ayurveda
27	546	Ayurveda massage
32		Integrative and clinical movement therapy
33	133	Massage therapy
34	206	Connective tissue massage
40		Biodynamics
44		Leech therapy
53		Craniosacral therapy
57		Nutritional advice/therapy Ayurveda and massage
75		Colourpuncture
76		Chromotherapy
77		Fasciatherapy
78		Feldenkrais
81	218	Foot reflexology massage
89		Eurythmy therapy
91		Homeopathy
100		Kinesiology
102	205	Classical Massage
111	202	Lymphatic drainage manual
114		Art therapy
115		Art therapy
127		Music therapy
141		Osteopathy
149		Polarity

EMR method number	ASCA method number	Method name
158		Puppet-play therapy
163 / 240	664	Reflexology massage/therapy
166		Rolfing/Structural integration
172		Shiatsu
192		Trager approach
206		Spinal column therapy
213	250	Rhythmic massage therapy